From Our Hearts to Yours

This book was born on 25 acres in the Ozarks, where horses, nature, and the people who need them most find each other.

Fox Mountain Sanctuary is the life work of Skip and Janice Thomas — a filmmaker and a nature girl and horsewoman who believed that healing happens when we slow down enough to let nature in. What started as a dream became a 501(c)(3) sanctuary serving underserved children, veterans, and families through the quiet power of animals and the natural world.

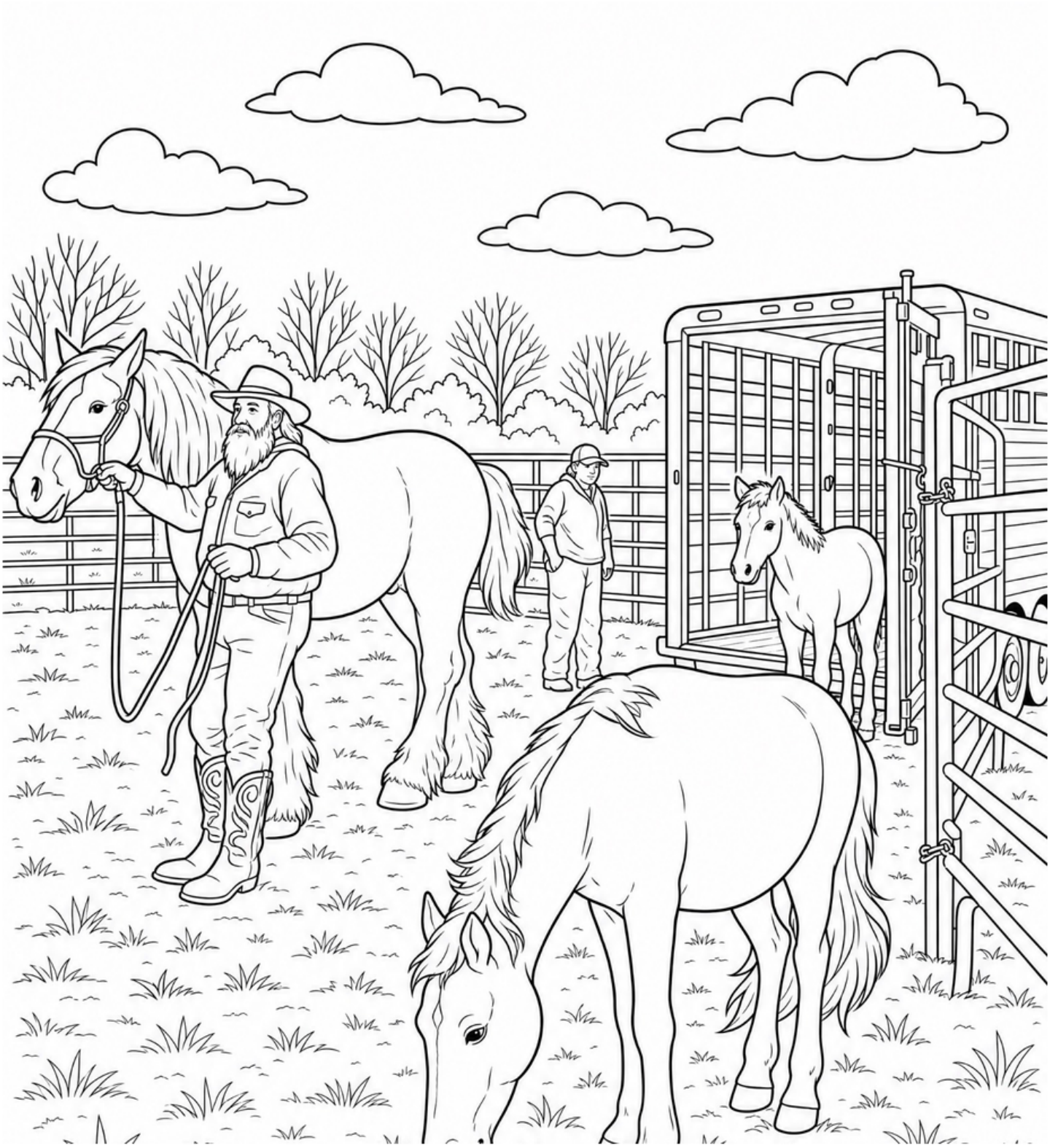
Inside these pages you'll meet some of the souls who call Fox Mountain home. There's Ted — wise, gentle, and full of surprises. And Chick, whose story will make you smile before you even pick up a crayon. Each one arrived here with a past and found a life renewed.

Every page is an invitation to that same stillness.
Color it. Share it. Give it to someone who needs a breath.

To learn more or support the mission, visit

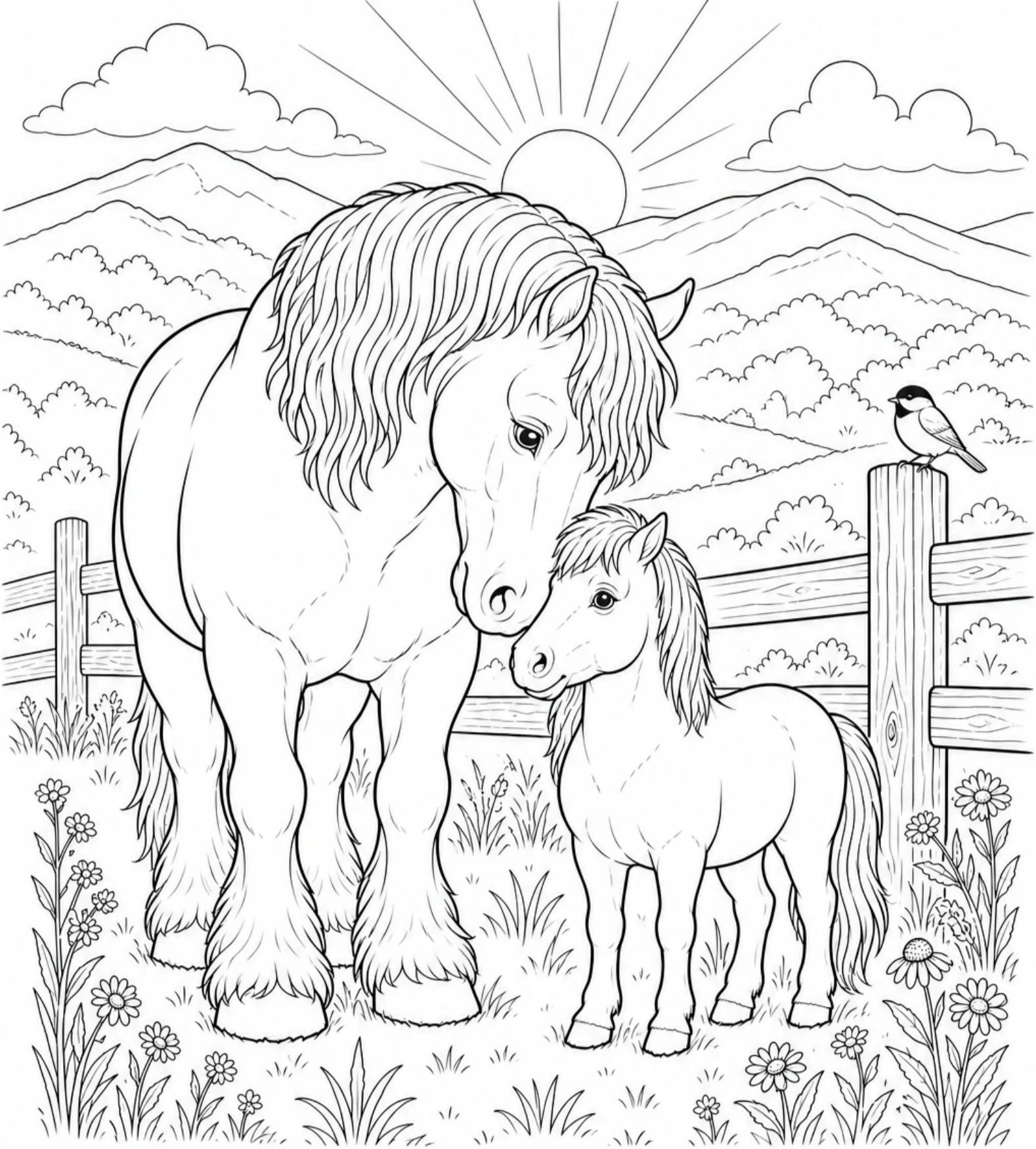
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Welcome Home



Ted Likes a Good Hoof Trim

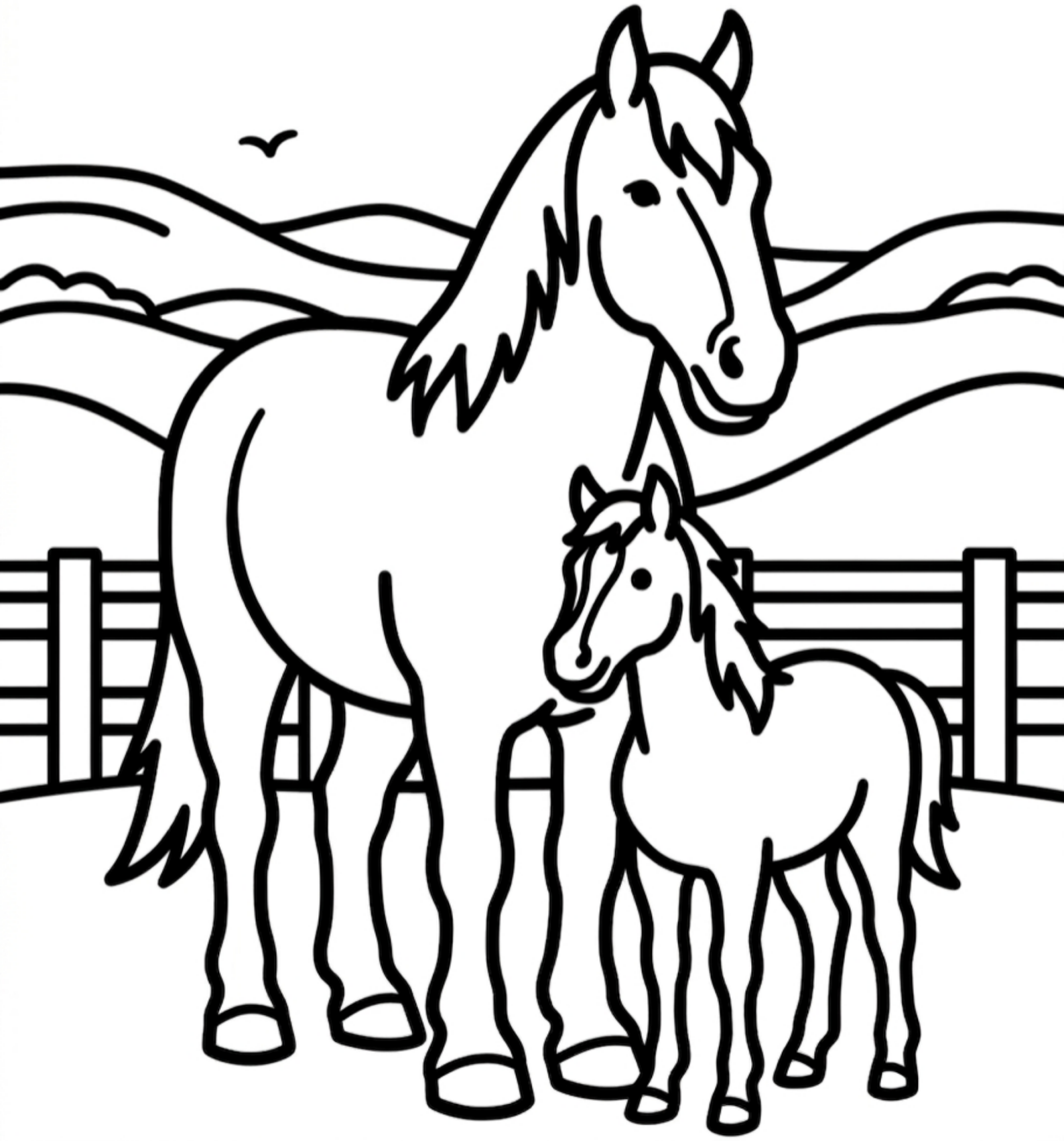




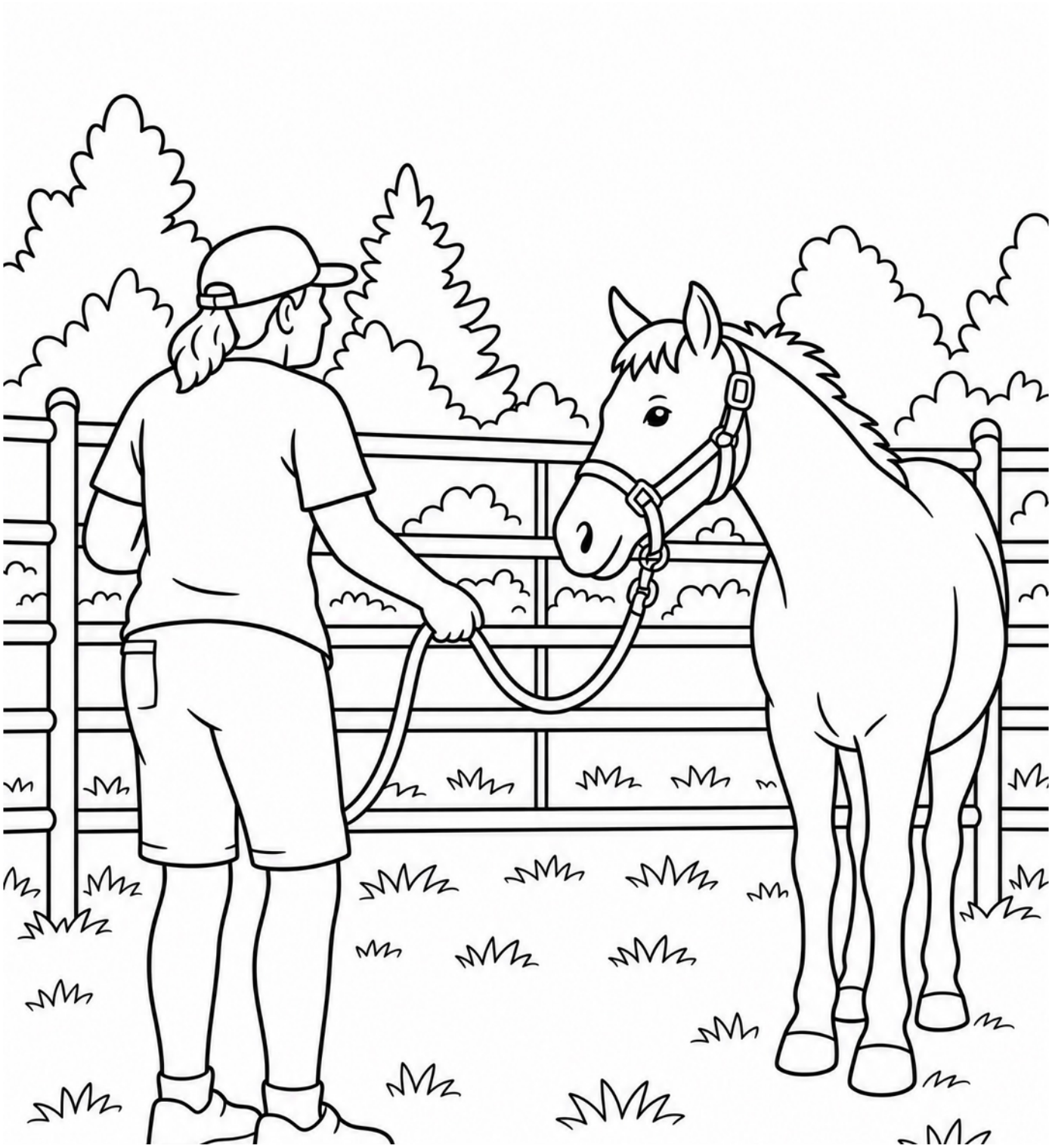
Chickadee & Ted – Fox Mountain Sanctuary

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Opening Hearts and Restoring Lives through connections with nature.



Chickadee Learning to Lead



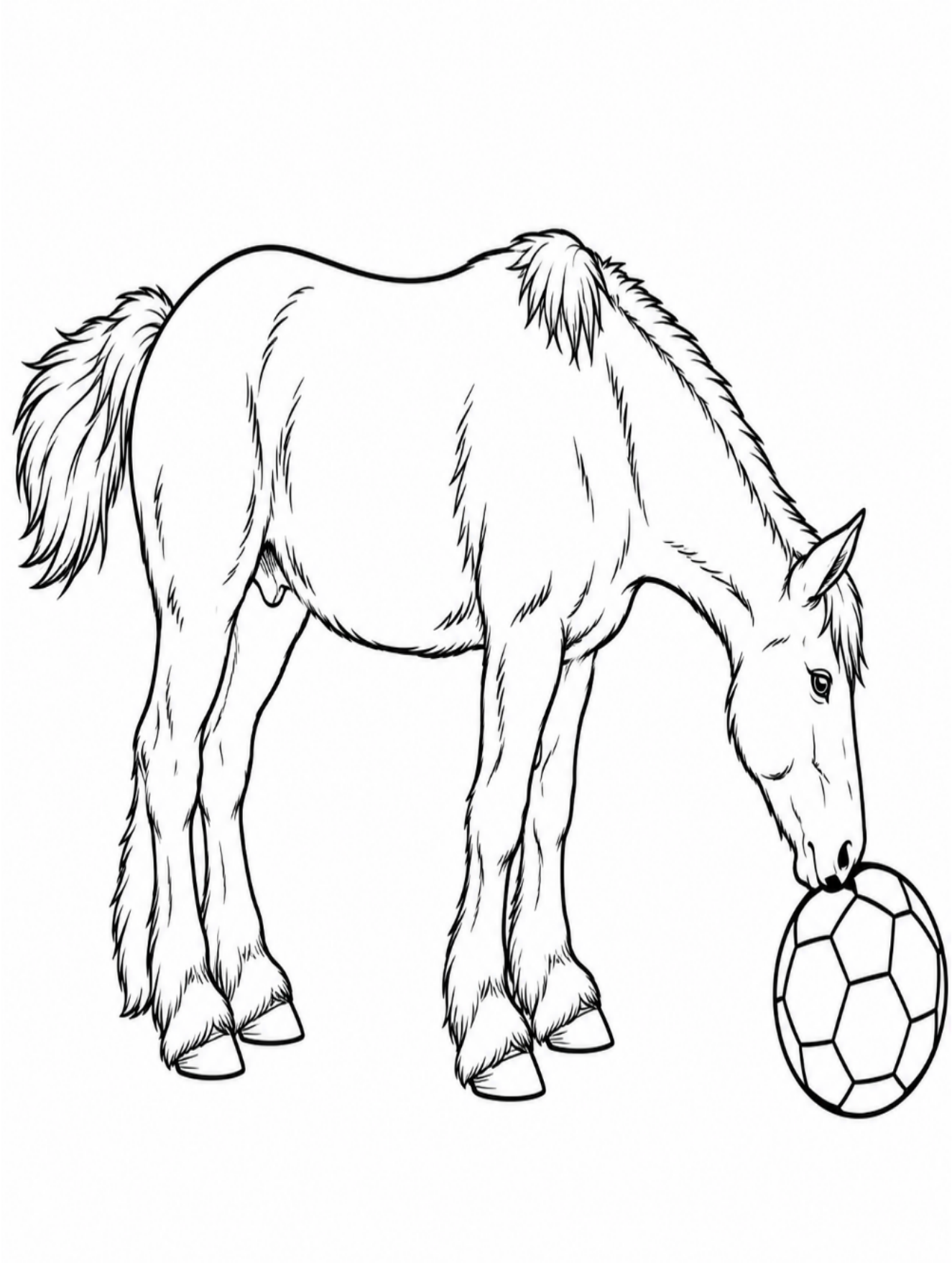
Happy Hay Time



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Pearl says 'What's this?'



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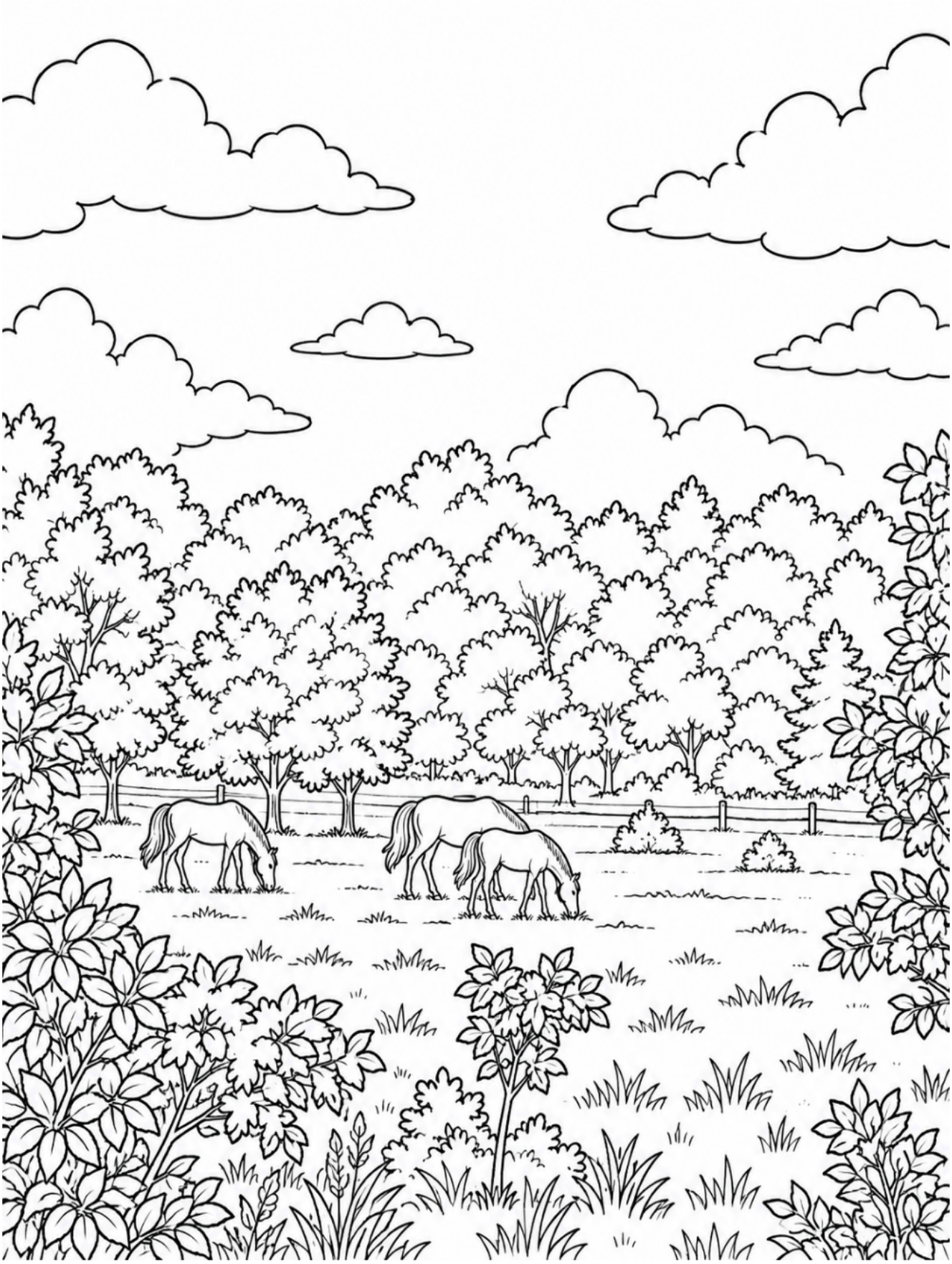
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She Likes to Be Petted



Spring morning at Fox Mountain Sanctuary

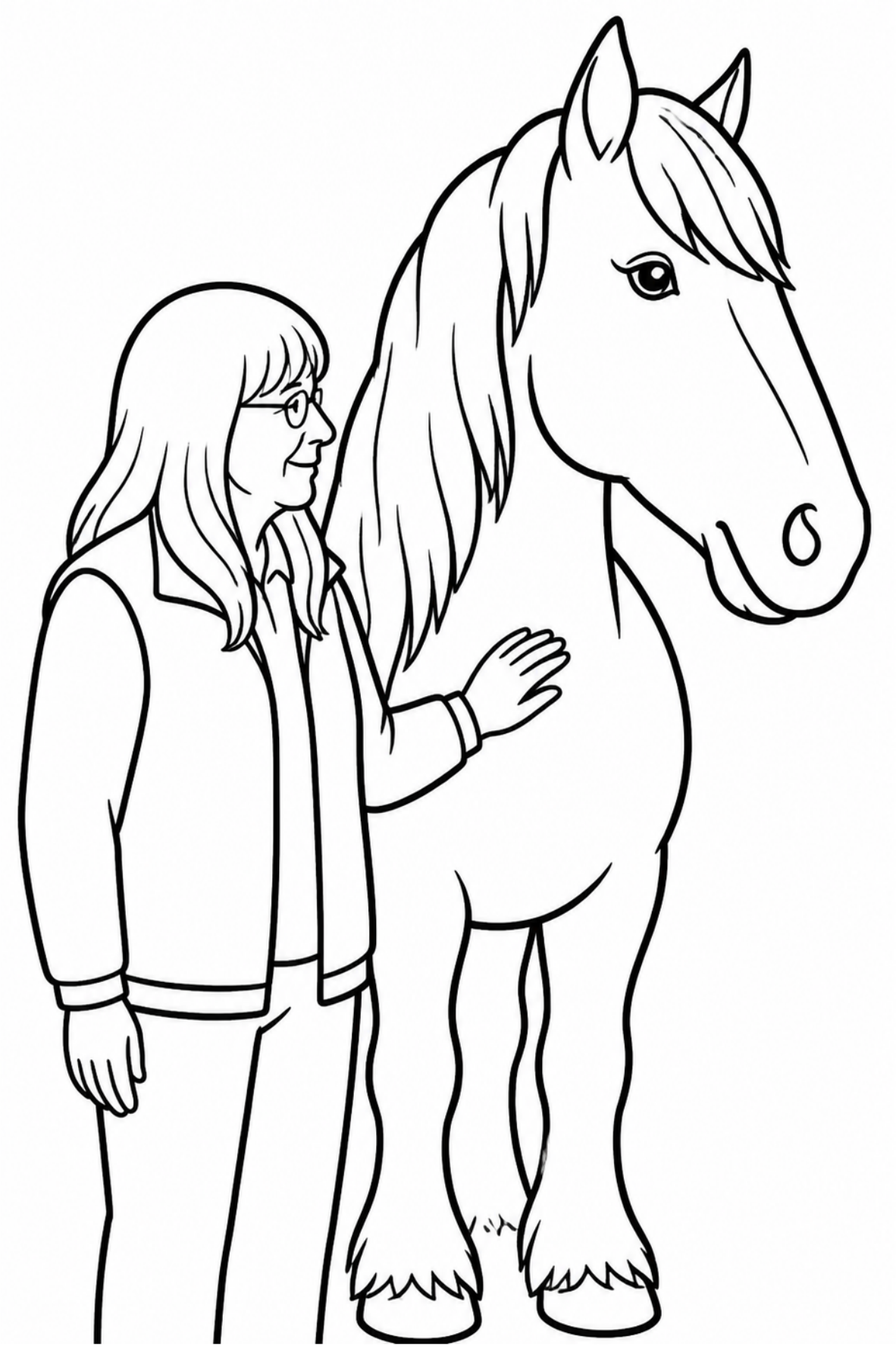


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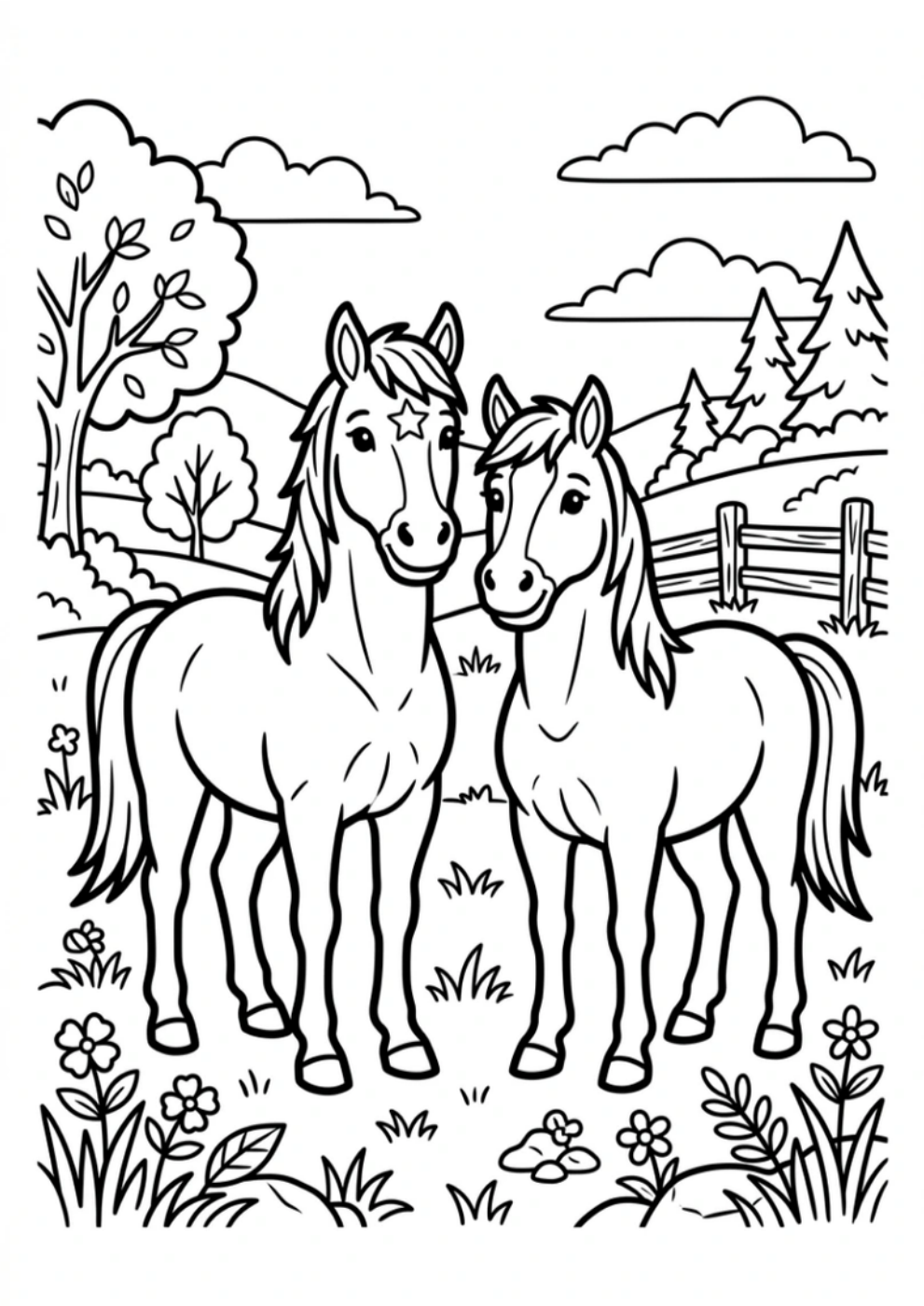
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Strong Together

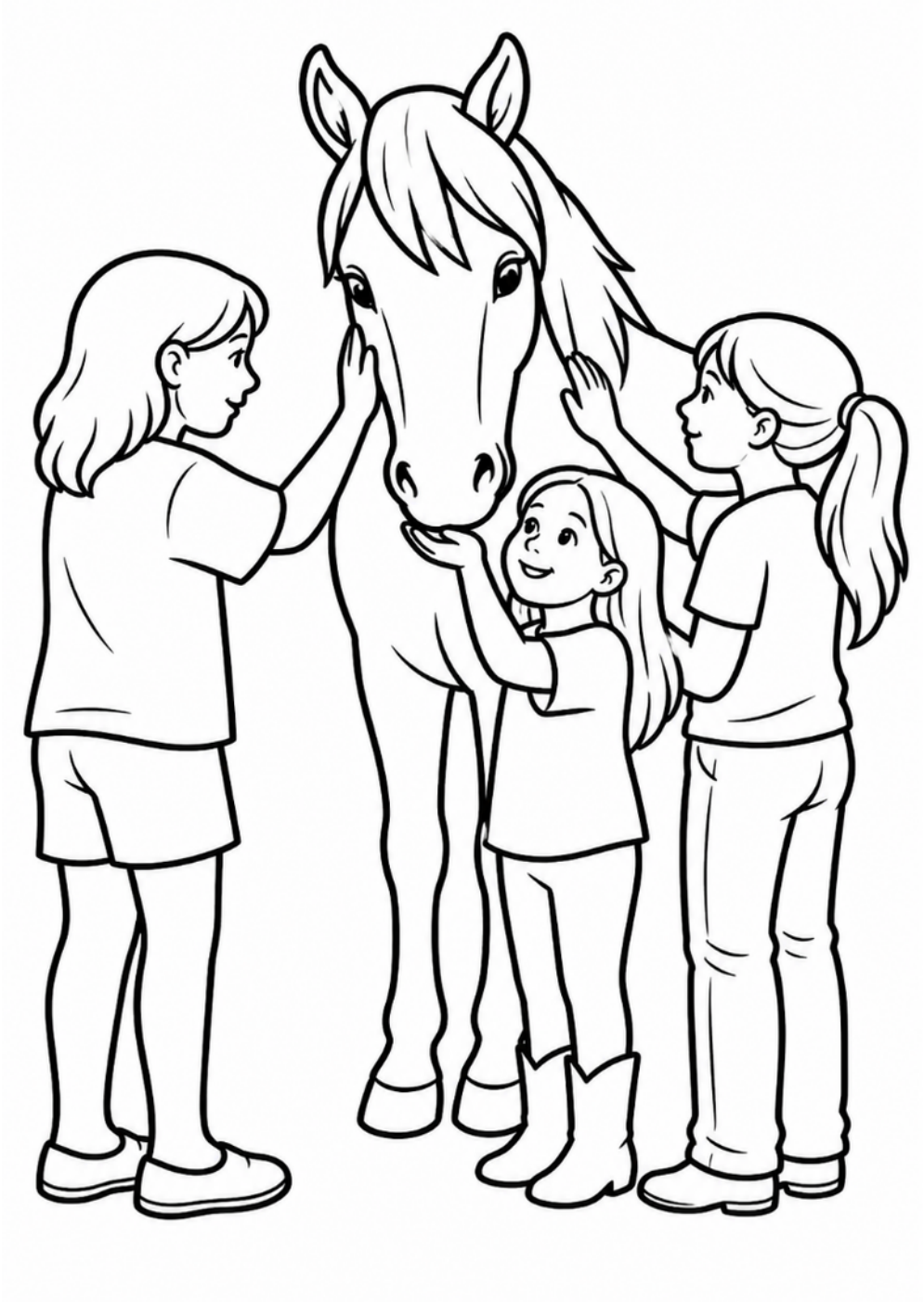


Side by Side



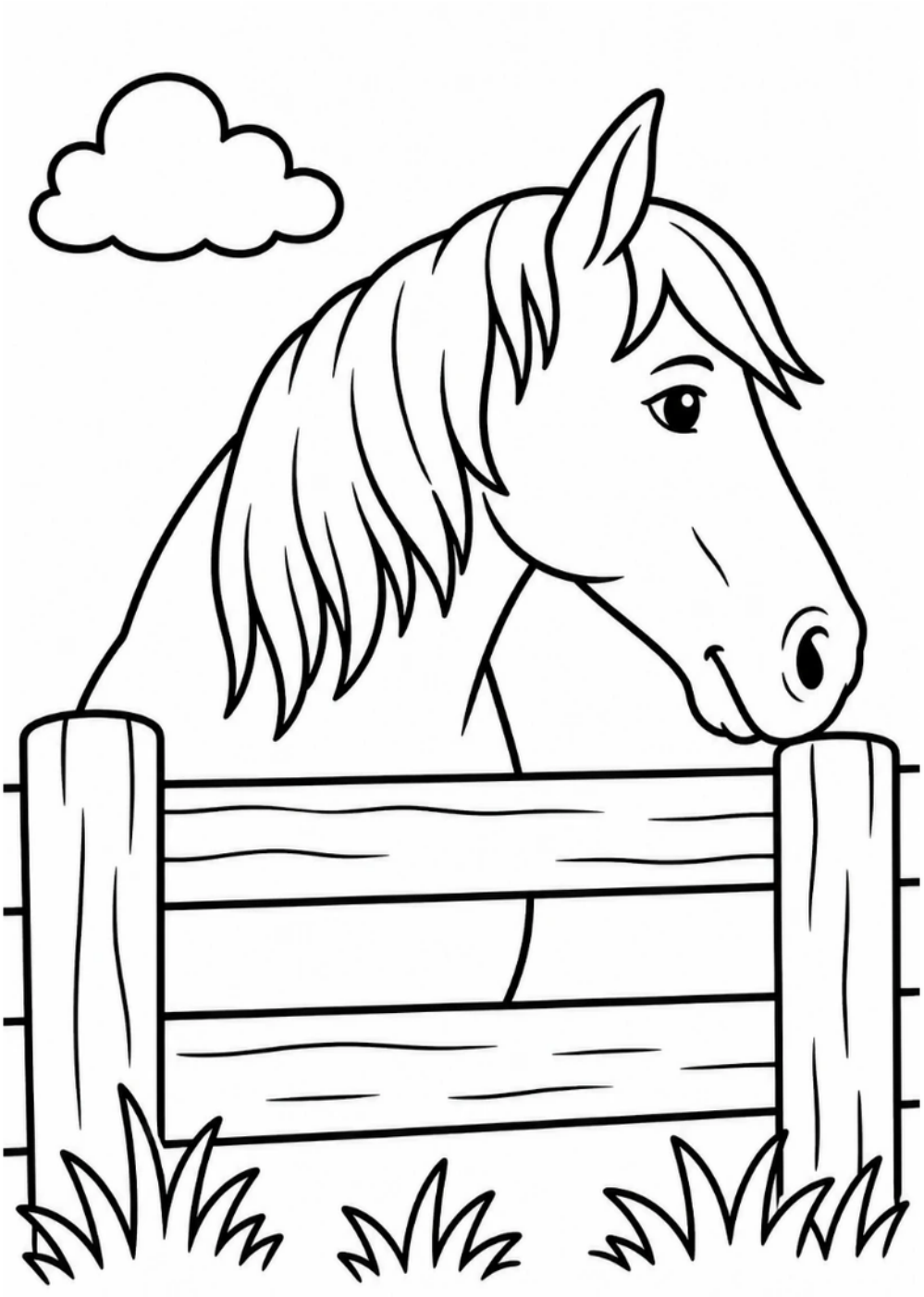
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Friends Without Words



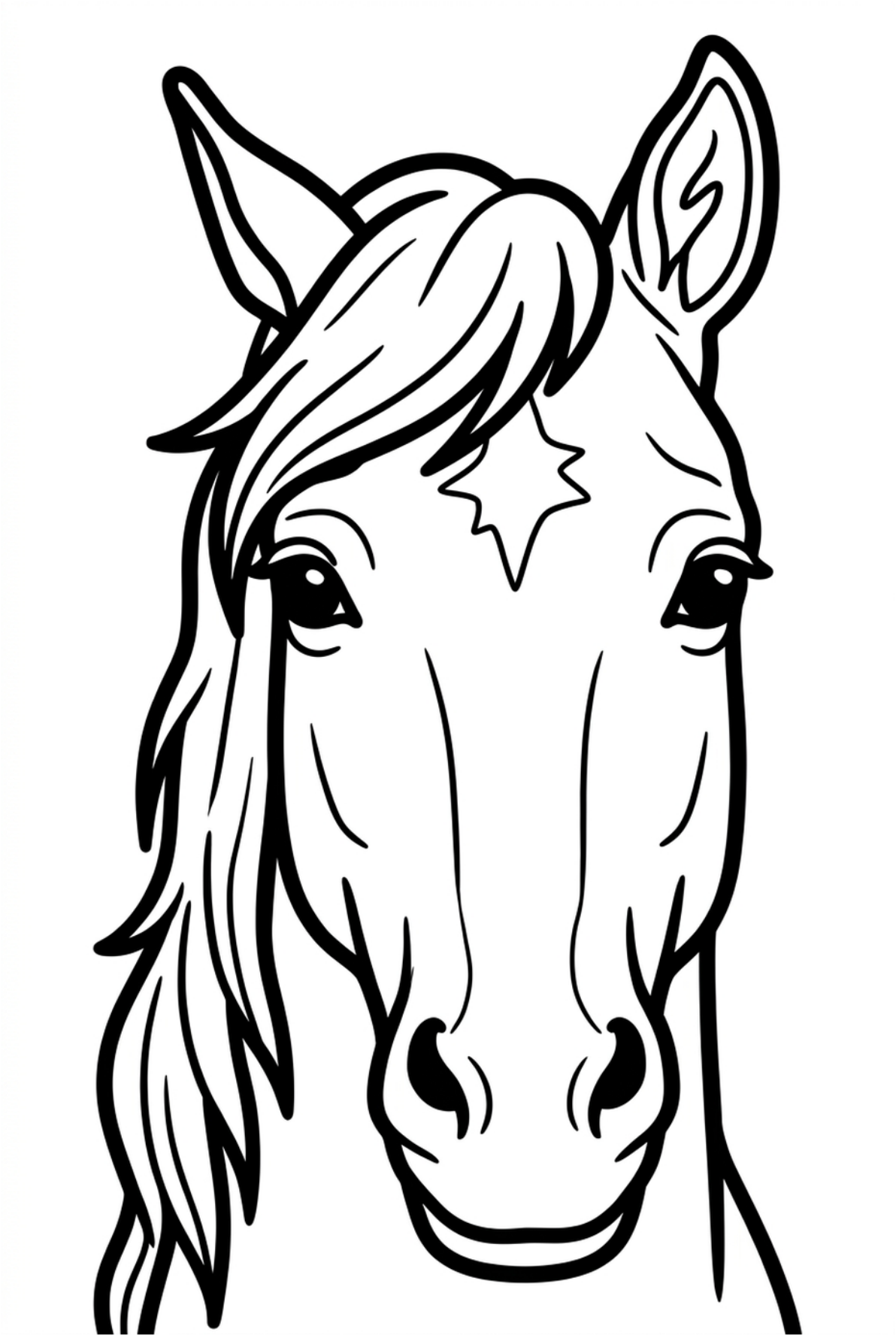
FOX MOUNTAIN SANCTUARY

Curious and Free

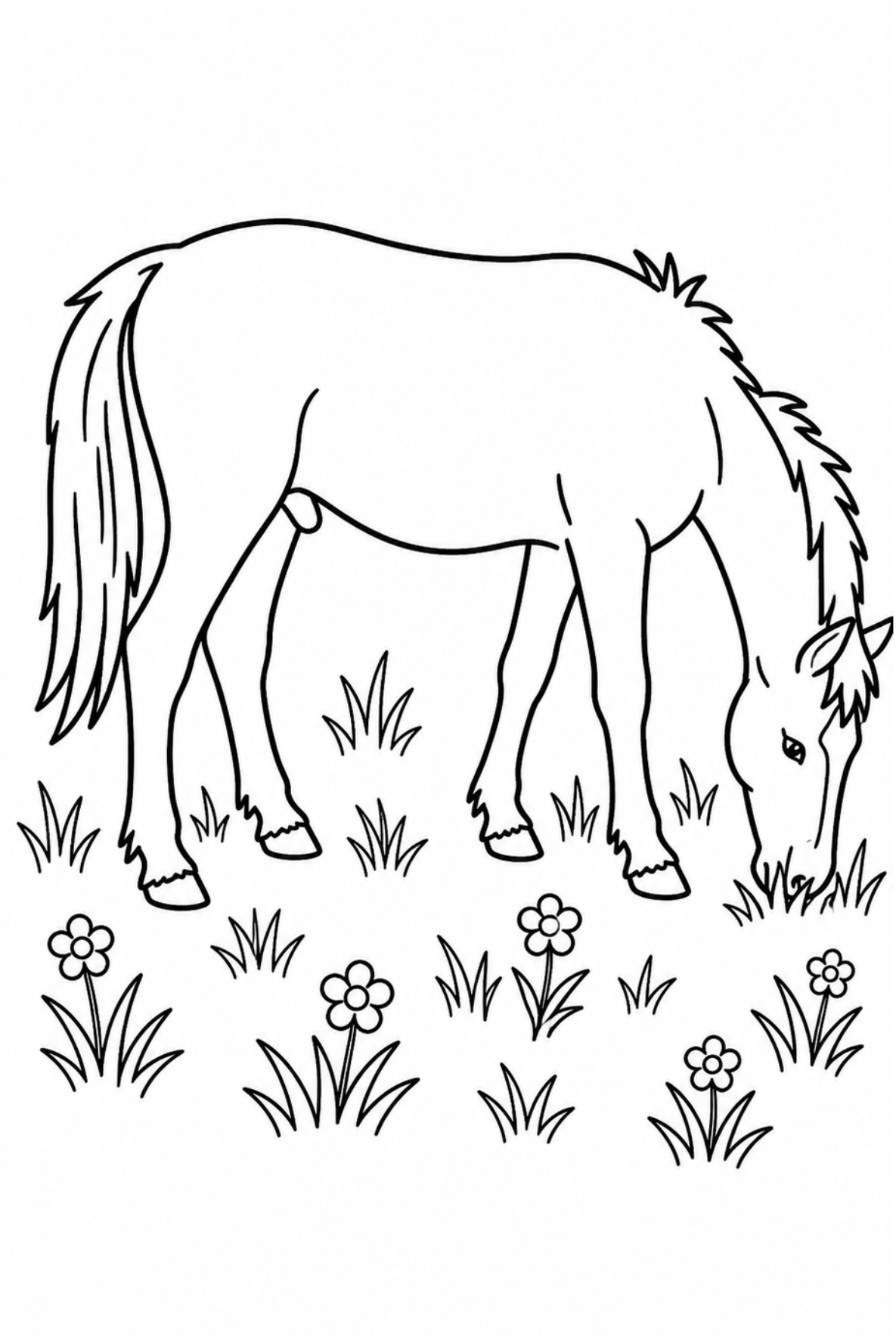


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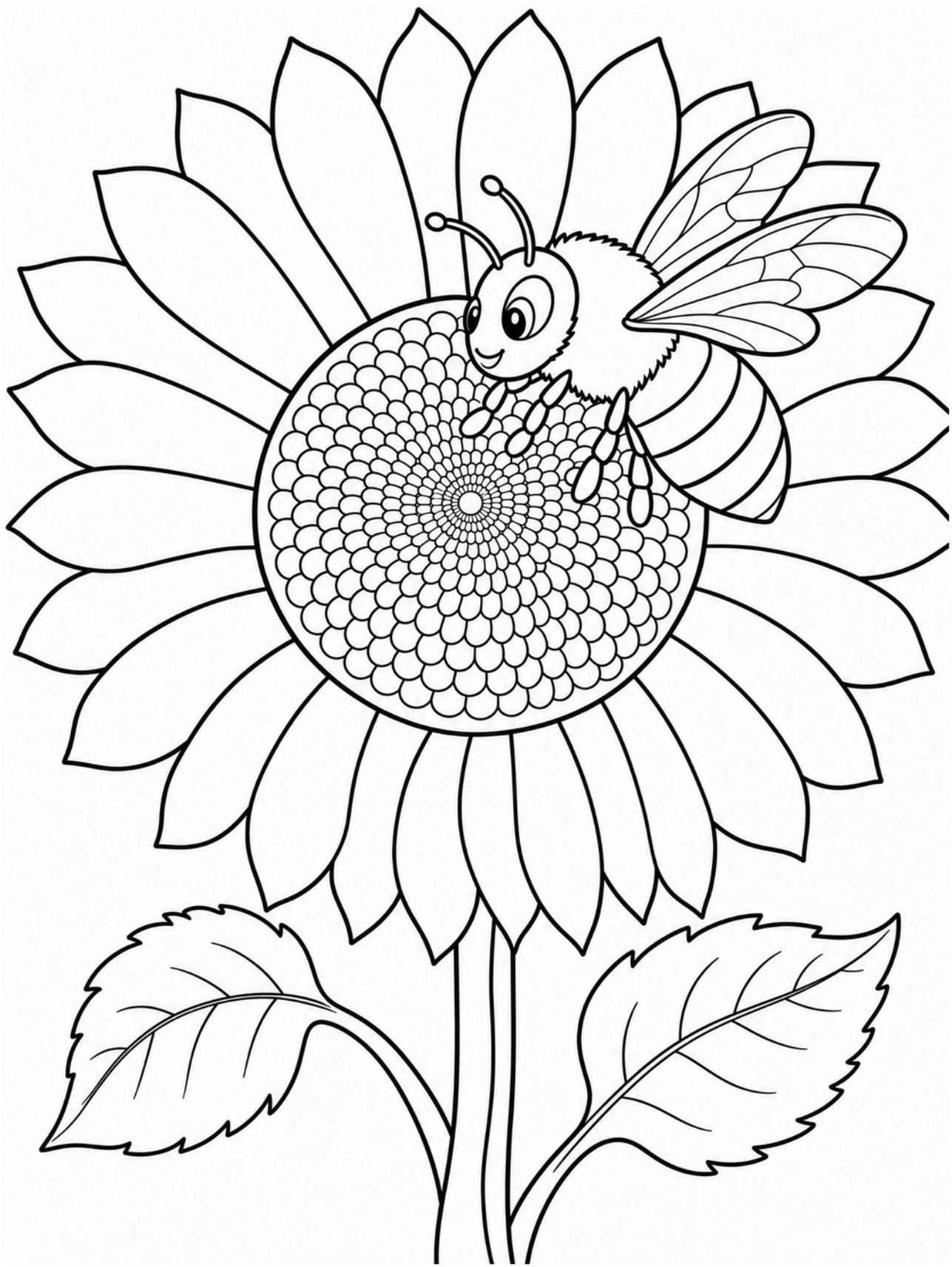
Beauty in the Quiet



Peace in Every Step



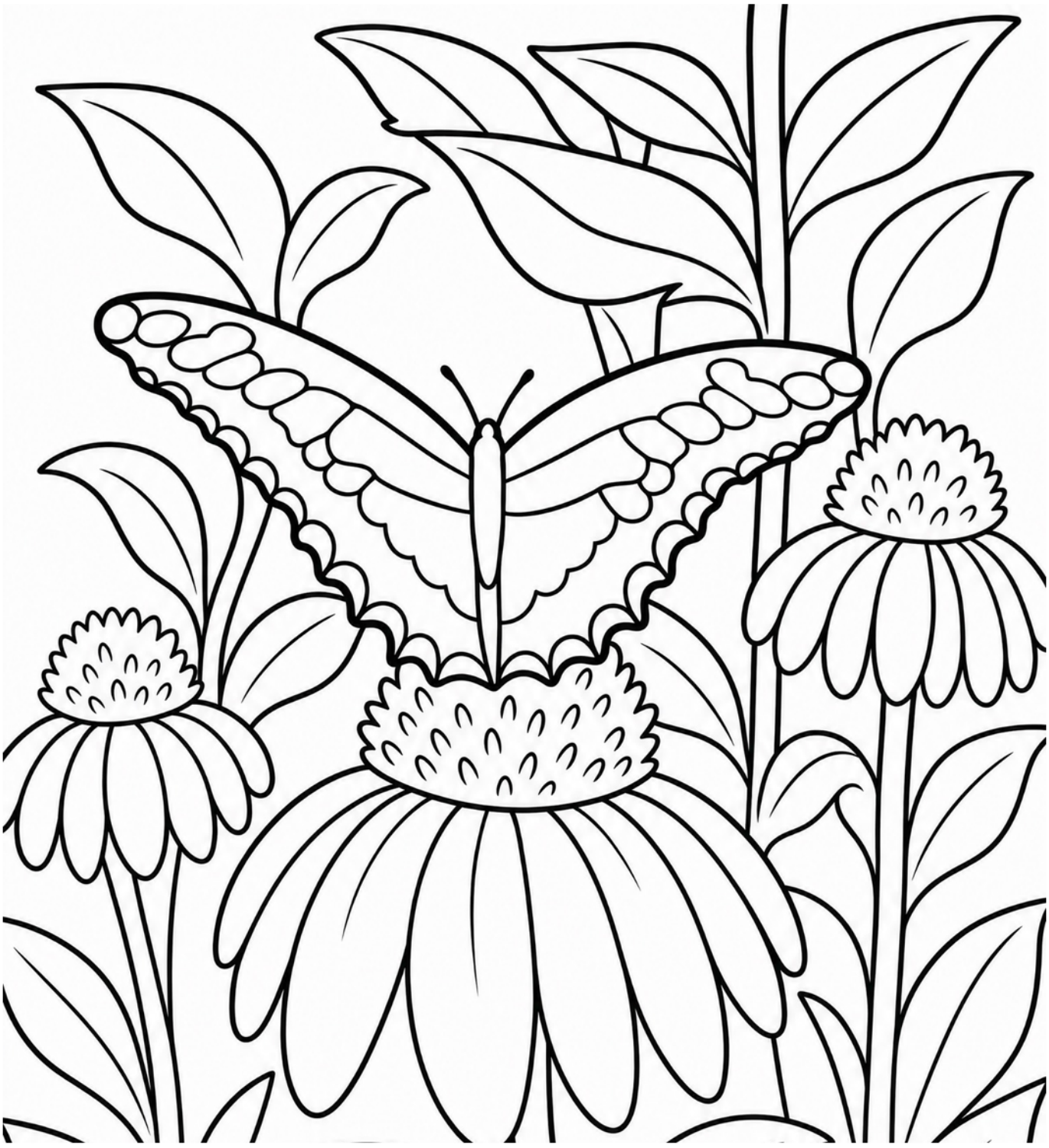
Bee Connected



Black-Eyed Susans Everywhere



Happy Swallowtail in the Garden



Miss Paisley exploring the yard

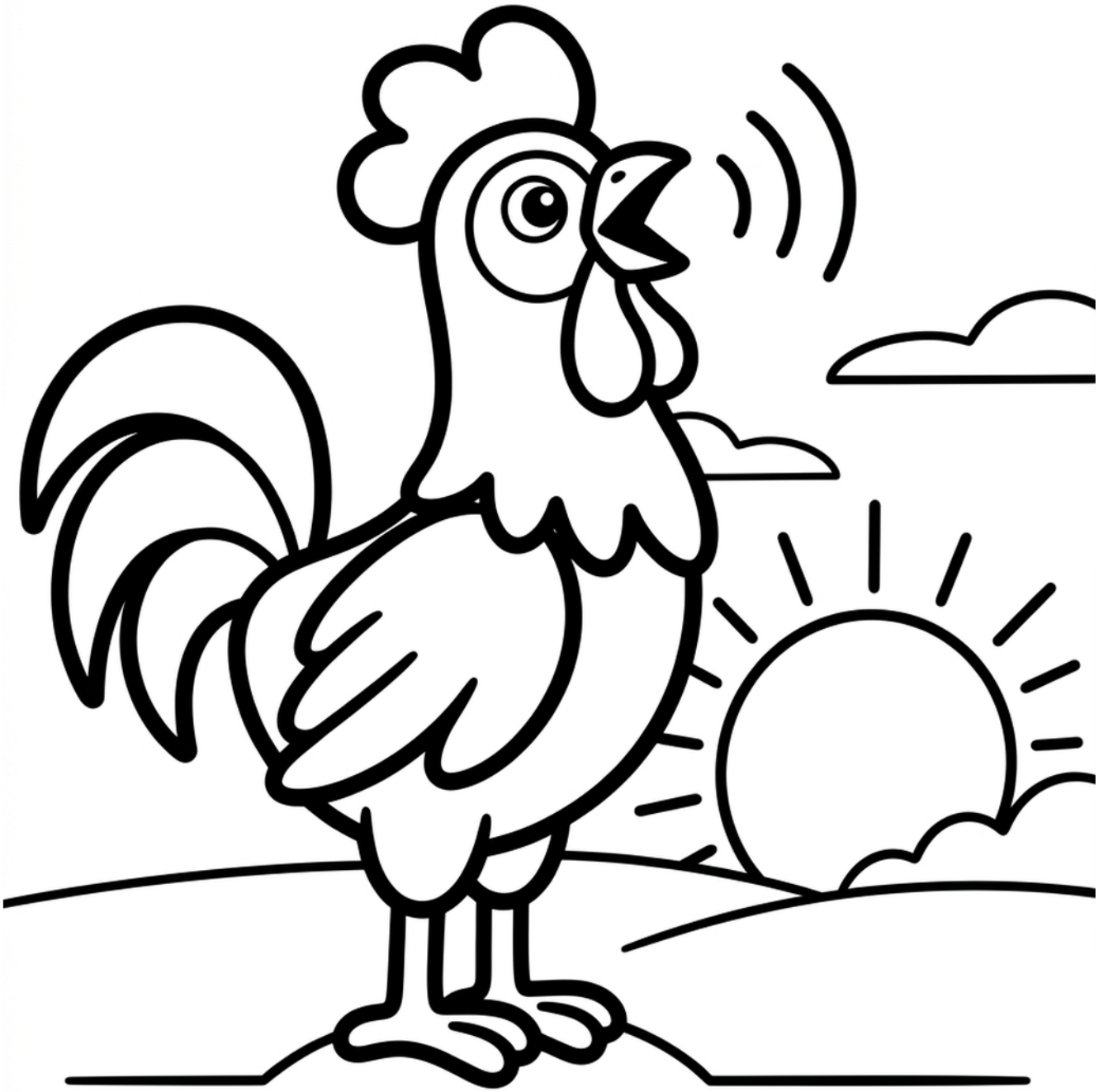


Fox Mountain Sanctuary

Opening Hearts, Restoring Lives through Connections with Nature.

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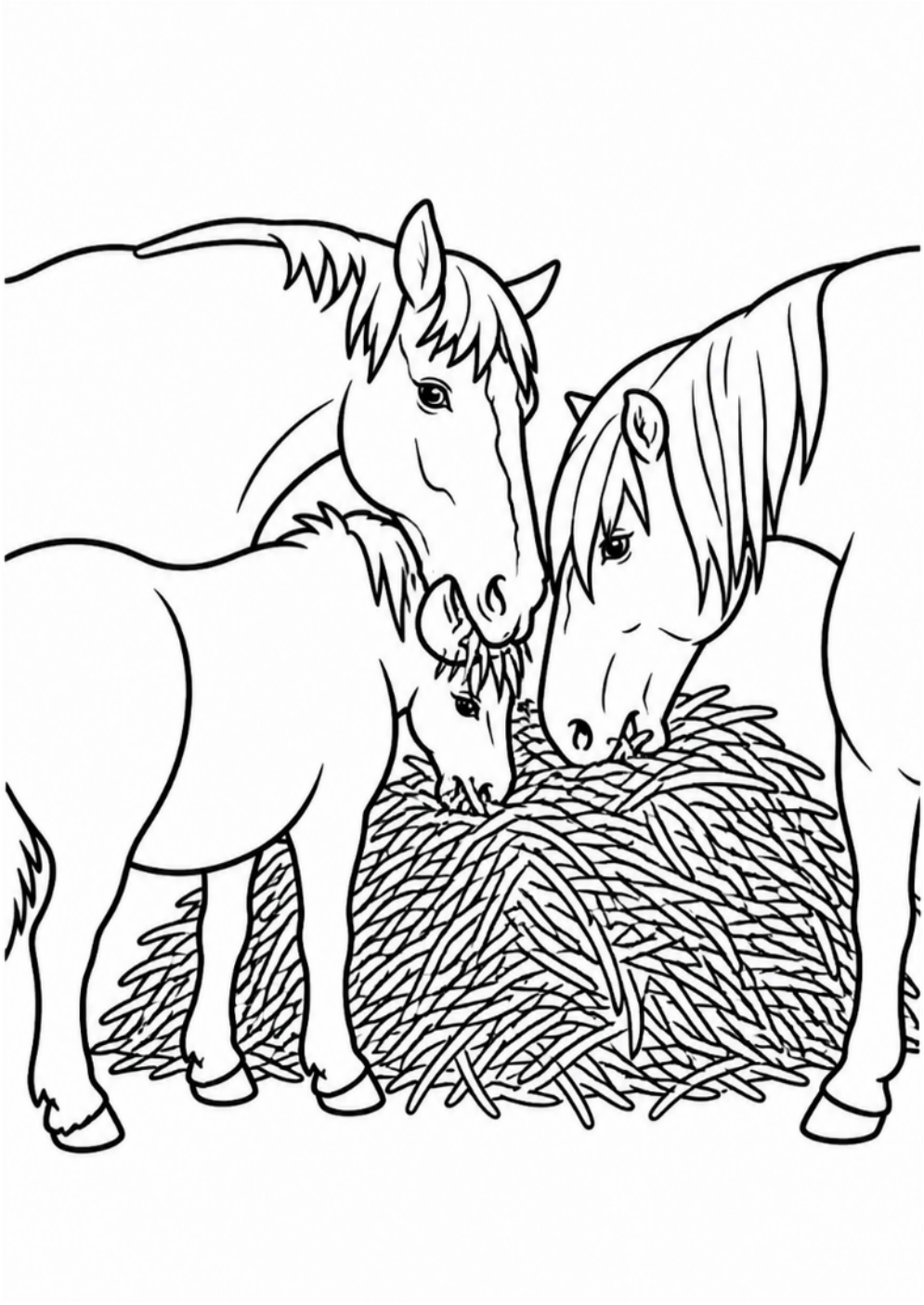
Good Morning, World



Gentle Hands, Wild Hearts



Home Is Where the Herd Is



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Joy in Every Season



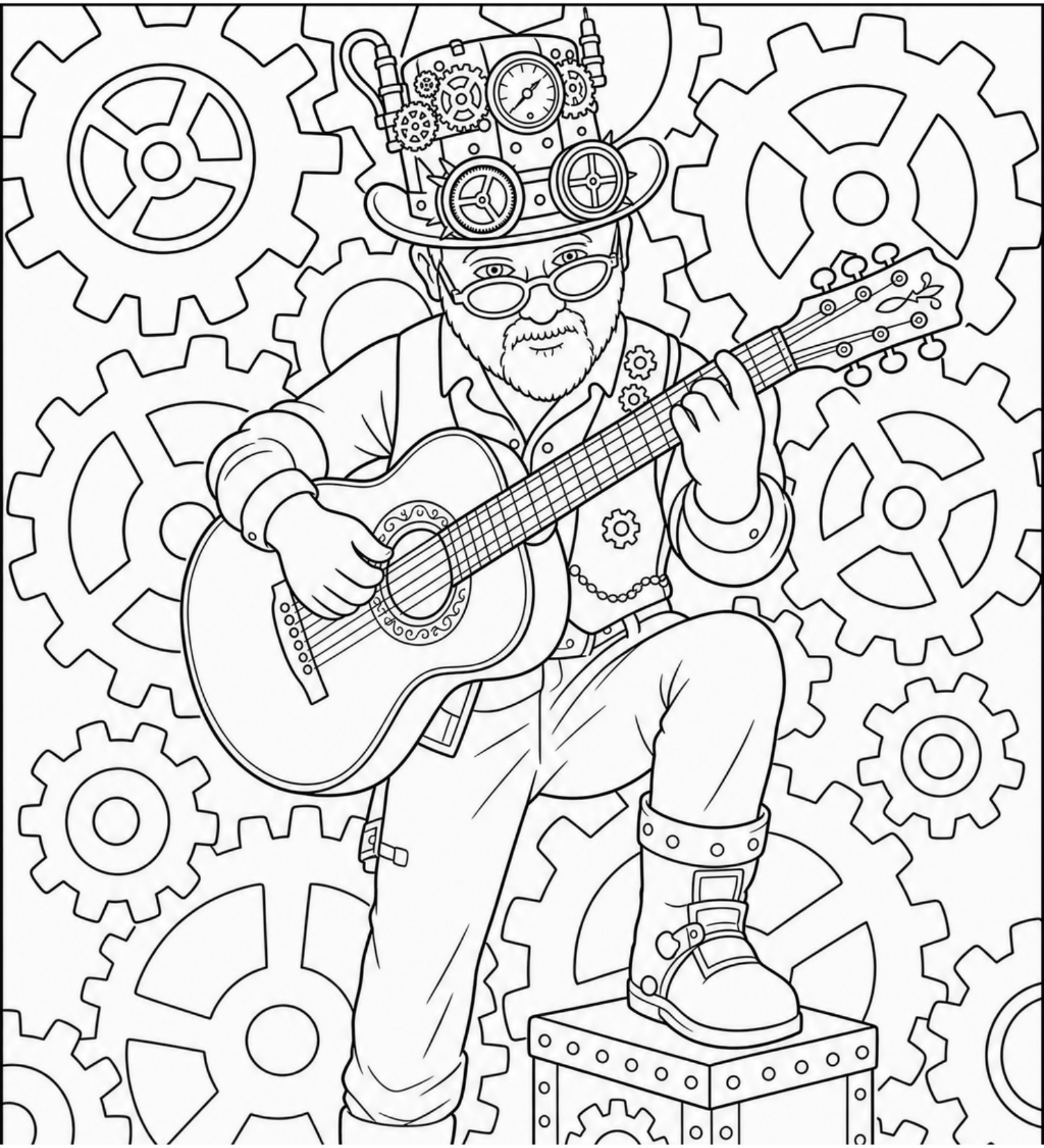
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Steampunk Poe Singalong



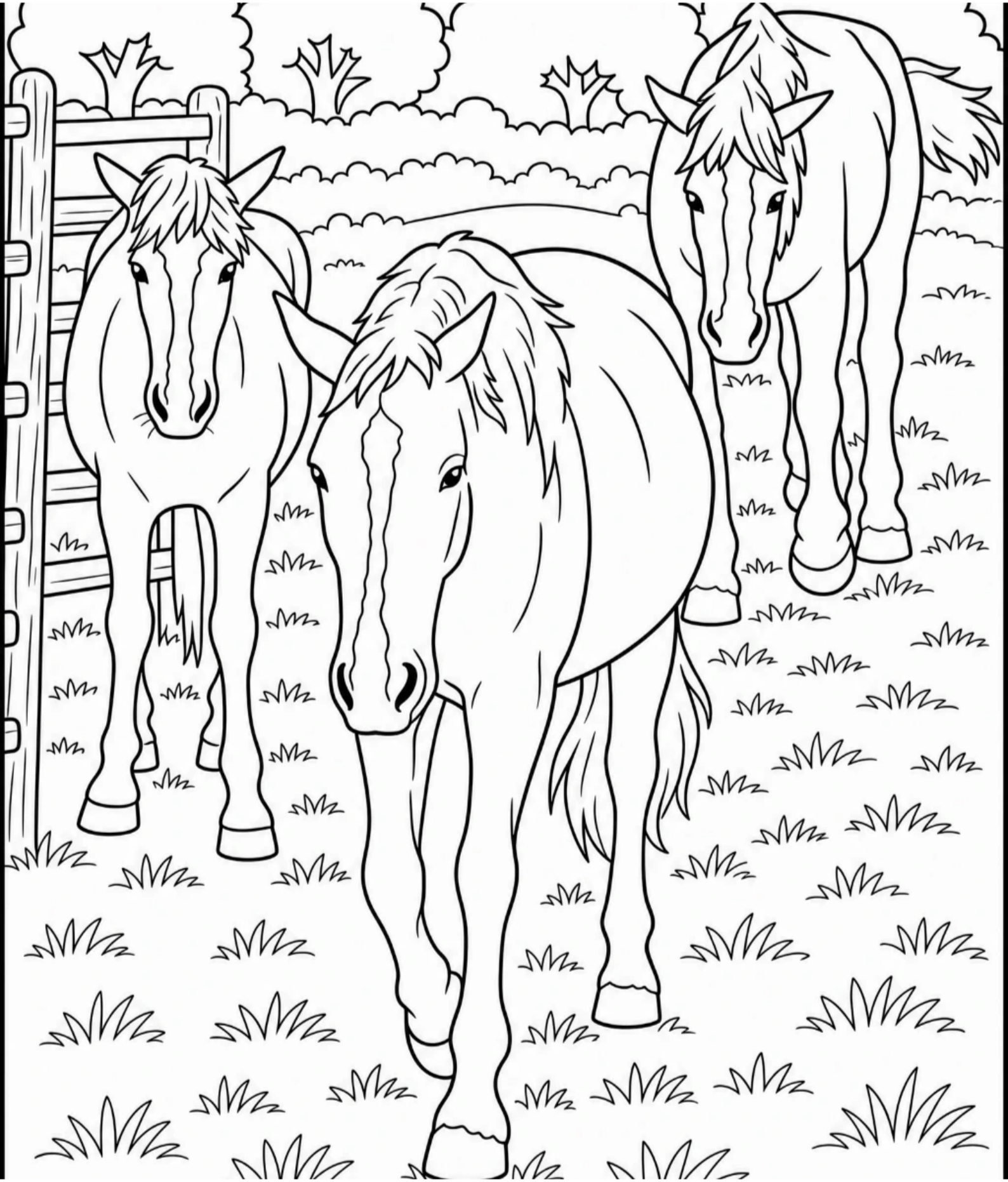
Reach for the Sun



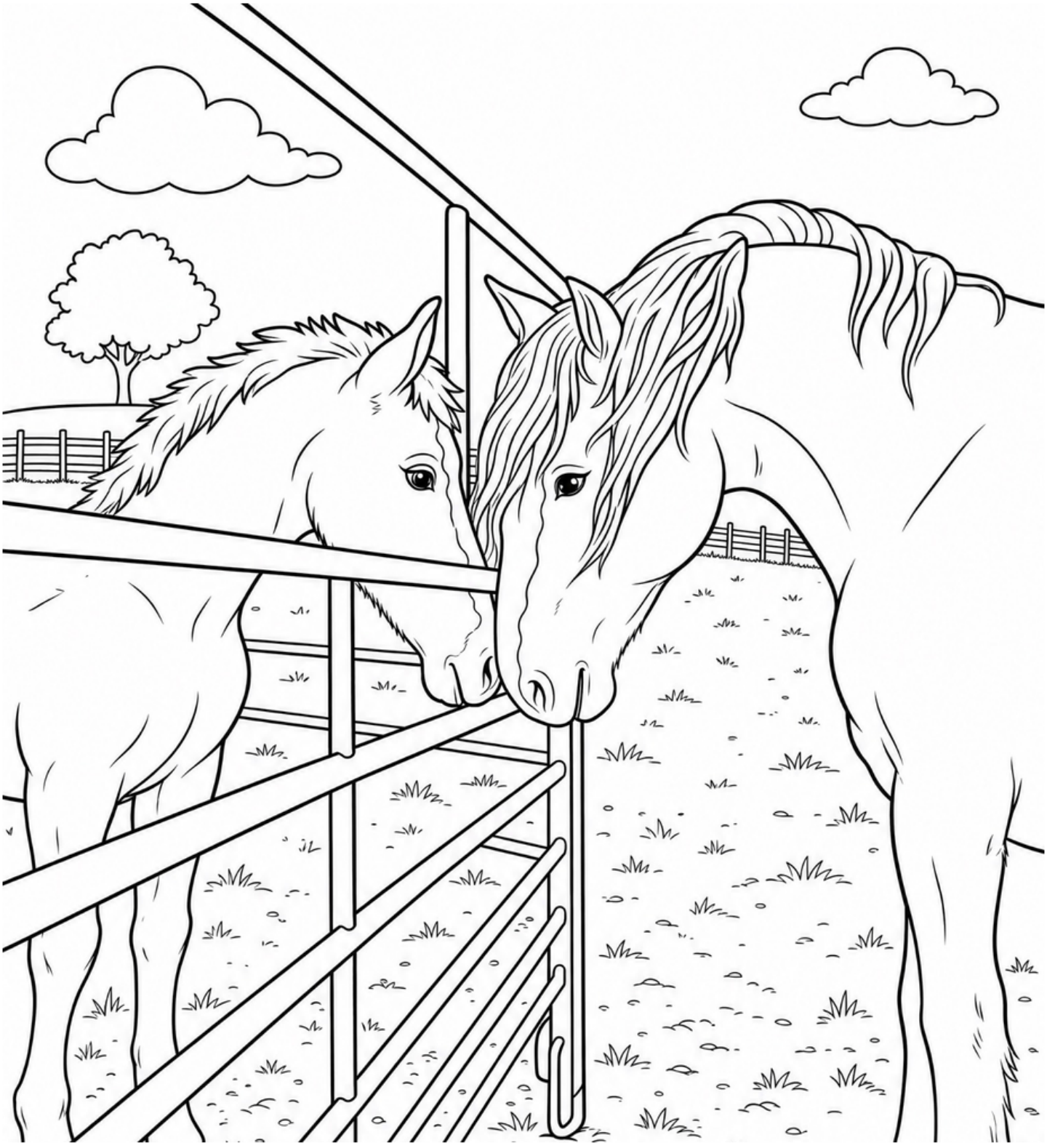
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Opening Hearts, Restoring Lives through Connections with Nature, Animals and One Another

Mitakuye, Chick and Pearl Breakfast Time



Buddies for Life



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